

Croydon City Arrows S C

Pre-Season Training Dates for season 2010

2010 DATES:

Preseason training will start on Tuesday 12th Jan 2010

For the month of **January** there will be 3 training sessions per week:

- Tuesday and Thursday at the club (Dorset Recreational Reserve, Croydon)

Start time: 6:30 pm sharp

- Saturday morning sessions (venue TBA)

Start time: 10.00 am sharp

Then from the **1st week of February** until the season starts there will be 3 mid week training sessions:

- Monday (venue TBA)

Start time: 6:30 pm sharp

- Tuesday and Thursday at the club (Dorset Recreational Reserve, Croydon)

Start time: 6:30 pm sharp

Practice games will start on **Saturday 6th Feb** and every Saturday until the season begins.

NOTE: PLEASE BRING RUNNERS AND SOCCER BOOTS TO ALL TRAINING SESSIONS

Coaches Contact Numbers:

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Matt Broxham - 0425770069